

the former view, and in that view we concur. We are of opinion that it is of prime importance to build up the physique of the Boys during the limited time at disposal, and that this can best be accomplished in a well-equipped Shore Establishment in a suitable locality where the most favourable conditions as regards hygiene, sanitation, &c., can be secured. The reasons for this view are given in detail in paragraphs 59 *et seq.* It is significant that some of the reports received indicate that "Impregnable" Boys are often more liable, on first going to sea, to infectious diseases of a minor type, and to enlarged tonsils and adenoids and consequent ear diseases. The suggestion is made by some officers that where in any batch of Boys those from "Impregnable" show some slight superiority in general physique, the difference may be due to the fact that this Establishment receives West Country Boys whose physique is generally supposed to be superior to that of Boys from the East and South Coasts.